



SOUTH CENTRAL BC PLANTING CHART

VEGETABLES

Vegetables	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Amaranth					-----							
Artichoke		*****			XXXX							
Arugula				-----	-----							
Asparagus		*****	*****		XXX							
Broad Beans			-----	-----	-----				-----			
Soya Beans					-----							
Beans, bush and pole					-----							
Beets					-----							
Broccoli				*****	XXXXX	-----						
Broccoli (overwinter)					-----							
Brussels Sprouts					*****			XXX				
Cabbage				*****	XXXXX	-----						
Cabbage (overwinter)						-----						
Carrots					-----							
Cauliflower				*****	XXXX							
Cauliflower (overwinter)						****		XX				
Celery				*****	-----	-----	XX					
Corn						-----						
Corn Salad				-----					-----			
Cucumbers					***	-XXX-						
Eggplant				*****		XX						
Fennel					-----							
Garlic									-----			
Kale and Collards				-----	-----							
Kohlrabi					-----							
Leeks			*****		XX							
Lettuce			*****	-----	-----				OO			
Melons					****	XXXX						
Onions, sweet			*****		XX							
Onions, storage			*****		XX							
Onions (overwinter)							-----					
Onions, scallions					-----	-----						
Pac Choi and Choi Sum				#####	-----							
Parsley		*****			-----							
Parsnips					-----							
Peas				-----	-----		-----					
Peppers		*****				OO						
Potatoes					-----	-----						
Quinoa					-----							
Radish				OOOOOO	-----				-----			
Rhubarb			*****	XX	-----							
Rutabaga						-----						
Spinach				OOOOOO	-----			-----				
Squash					*****	--XXXX--						
Swiss Chard					-----	-----						
Tomatoes			*****		OOOO							
Turnips					-----	-----						

Approx. Growing Season (last average frost date - first average frost date): **Kamloops** May 4 - Oct 8 (156 days); **Vernon** Apr 29 - Oct 4 (155 days); **Kelowna** May 1 - Oct 5 (156 days)
Legend ***** - begin indoors ----- - direct sow XX - transplant OO - transplant & cover ## - direct sow & cover

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