



SOUTH CENTRAL BC PLANTING CHART

HERBS & COVER CROP

Herbs/Cover Crop	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Basil				*****	-----	XXXX						
Bergamot		*****	-----	XXX								
Borage				-----	-----	-----						
Caraway				-----	-----			-----	-----			
Catnip		*****	-----	-----	-----	XXXXXXXX			-----			
Chamomile			-----	-----								
Chives		*****	-----	XXXX	-----			-----				
Cilantro			-----	-----	-----							
Cumin		*****	-----	X								
Dill					-----	-----						
Fennel					-----	-----						
Lavender		*****	-----	-----	XXXX							
Lemon Balm		*****	-----	XX	-----							
Lemongrass		*****	-----		XXXXXX							
Liquorice		*****	-----		XXXXXX							
Lovage		*****	-----	XX								
Mexican Tarragon		*****	-----	XXXXXXXX	-----							
Mint		*****	-----	XXXX	-----							
Oregano		*****	-----	XXXXXXXX	-----							
Parsley		*****	-----	XXXX	-----							
Peruvian Black Mint			*****	-----	XXXXXXXX	-----						
Rosemary		*****	-----	XXXXXXXX	-----							
Sage		*****	-----	XXXXXXXX	-----							
Savory			*****	XXXX	-----							
Stevia				*****	-----	XXXXXXXXXX						
Sweet Marjoram		*****	-----	XXXXXXXX	-----							
Thyme		*****	-----	XXXXXXXX	-----							
Crimson Clover			-----	-----	-----	-----						
White Clover			-----	-----				-----	-----			
Winter Field Peas			-----	-----				-----				
Fava Beans		-----	-----						-----	-----		
Hairy Vetch			-----	-----				-----				
Fall Rye			-----	-----				-----	-----			
Oats			-----	-----				-----				
Buckwheat			-----	-----				-----				
Winter Wheat								-----	-----			
White Mustard			-----	-----				-----				

Approx. Growing Season (last average frost date - first average frost date): **Kamloops** May 4 - Oct 8 (156 days); **Vernon** Apr 29 - Oct 4 (155 days); **Kelowna** May 1 - Oct 5 (156 days)

Legend ***** - begin indoors ----- - direct sow XX - transplant